

SCO Trainingsplan - Saison 2022/2023

rot: Kleinspielfeld

Mannschaften	Trainer	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
G2	Tim, Nils					17:00-18:00
G1	Sven, Mattes	16:30-18:00			16:30-18:00	
F2	Peter H., Ben			17:00-18:30		16:00-17:30
F1	Peter B., Micha G.	16:00-17:30		16:00-17:30		
E2	Tom, Maurice	17:30-19:00		17:00-18:30		
E1	Christian, Daniel	17:30-19:00		16:30-18:00		16:30-17:30
D1	Sucki, Laurenz, Raso	16:30-18:00		16:30-18:00		16:00-17:00
C1	Pascal, Kaan	17:30-19:00			17:30 - 19:00	
B2	Paul, Jörg N.		17:45 - 19:30		17:45-19:30	
B1	Hüysein, Maurice	19:00-20:30		17:30 - 19:00		17:00-18:30
A1	Alex	19:00-20:30	18:00-19:30			17:30-19:00
<i>Senioren</i>		ab 20:30	ab 19:30	ab 19:00	ab 19:30	ab 19:00
1.M	Robert, Michael, Robert		19:30-21:00		19:30-21:00	18:30-20:30
2.M	Möller, Klatti		19:30-21:00		19:30-21:00	
3.M	Felix			19:00-20:30		19:00-20:30
4.M	Nils			20:00-21:30		20:30-22:00
AH		19:00-20:00		19:00-20:30		19:00-20:30